



## ADVENTIST YOUTH CLASS

\_\_\_\_\_  
Name

Printed in U.S.A.

Requirements	Examiner's Signature	Date Met
<b>I. INVOLVEMENT (Required)</b>		
A. Be age 11 OR in grade 6, or its equivalent.	_____	_____
B. Be an active member of the AJY Society OR Pathfinder Club.	_____	_____
<b>II. COMMITMENT (Required)</b>		
A. Repeat from memory the AJY/ Pathfinder Pledge and Law.	_____	_____
B. Read the book <i>The Happy Path</i> , if not previously read.	_____	_____
<b>III. GROWTH (Required)</b>		
A. Earn the Companion Reading Certificate OR the Junior Reading Certificate.*	_____	_____

**Requirement:** Do Sections I, II, and III for the standard class requirements.  
Do Sections I, II, and III for the advanced classes.

\*See *Instructor's Manual* for qualifying requirements.

Requirements	Examiner's Signature	Date Met
<b>I. SCRIPTURE (Required)</b>		
A. Memorize a Bible text for each of the following subjects: prayer, doctrine, behavior, salvation, relationships, promises/praise, great passages.*	_____	_____
B. Recite in order the names of the New Testament books of the Bible and the four areas into which the books are grouped. Demonstrate your ability to find any given book.	_____	_____
<b>II. CHURCH HERITAGE (Optional)</b>		
A. With your parents, read about the first vision of Ellen G. White. Discuss with them how God uses prophets to present His message to the church, OR fulfill other options in <i>Instructor's Manual</i> .*	_____	_____
<b>III. CHRISTIAN HERITAGE (Optional)</b>		
A. Participate in a skit on the childhood of Jesus, and role-play before an audience.	_____	_____

**Requirement:** Do Section I and select either Section I or III for the standard class requirements.  
Do Sections I, II, and III for the advanced classes.

\*See *Instructor's Manual* for qualifying requirements.

Requirements	Examiner's Signature	Date Met
<b>I. ONE TO ONE (Optional)</b>		
A. Make a personal visit to an elderly member of your church and follow up with a thoughtful phone call, letter, or card expressing joy in meeting him/her.	_____	_____
<b>II. GROUP WITNESS (Optional)</b>		
A. Participate in an outreach activity, and bring a non-SDA friend to participate or observe.	_____	_____
<b>III. COMMUNITY OUTREACH (Optional)</b>		
A. With the help of 2 or 3 friends, spend 6 hours working for your church, school, or community.	_____	_____

**Requirement:** Select two of the three sections for the standard class requirements.  
Do Sections I, II, and III for the advanced classes.

Requirements	Examiner's Signature	Date Met
<b>I. BUILDING RELATIONSHIP (Optional)</b>		
A. Discuss the principle and demonstrate the meaning of respect for people of different cultures and gender.	_____	_____
<b>II. CHRISTIAN LIFESTYLE (Optional)</b>		
A. Discuss and demonstrate respect for your parents/guardian and what they provide for you.	_____	_____
<b>III. GOOD CITIZENSHIP (Optional)</b>		
A. List 5 rules of flag courtesy and demonstrate how to fold the flag.	_____	_____
B. Study and report orally on your nationality and draw your family tree.*	_____	_____

**Requirement:** Select two of the three sections for the standard class requirements.  
Do Sections I, II, and III for the advanced classes.

\* See Instructor's Manual for qualifying requirements.

Requirements	Examiner's Signature	Date Met
<b>I. HEALTH PRINCIPLES (Optional)</b>		
A. List and discuss 5 foods in each area: high in sugar, high in salt, high in saturated animal fat.	_____	_____
B. List and discuss 5 prominent family health problems, and discuss areas of prevention for each.	_____	_____
<b>II. FIRST AID/SAFETY (Optional)</b>		
A. Complete the Basic First Aid Honor.**	_____	_____
B. Study and practice "Home Safety".*	_____	_____
<b>III. FITNESS/EXERCISE (Optional)</b>		
A. Discuss with a physical therapist or PE teacher the differences between aerobic and non-aerobic exercise.	_____	_____
B. Complete one of the fitness tests for your age:*		
1. President's Physical Fitness		
2. Canadian Fitness		
3. Health-Related Physical Fitness (for physically disabled)		
Set goals and improve.	_____	_____

**Requirement:** Select two of the three sections for the standard class requirements.  
Do Sections I, II, and III for the advanced classes.

\* See Instructor's Manual for qualifying requirements.

\*\* See AY Honors Handbook for requirements.

Requirements	Examiner's Signature	Date Met
<b>I. LEADERSHIP (Optional)</b>		
A. Plan and lead a devotional service for your unit, club or Sabbath School.	_____	_____
B. Help your unit plan a half-day or 10-mile (16 km) orienteering hike, and lead out in the activity.	_____	_____
<b>II. CLUB AWARENESS (Optional)</b>		
A. Discuss with your counselor your unit's involvement in the total Pathfinder Club program, OR for AY Societies, invite a Pathfinder expert to speak to your group.*	_____	_____
<b>III. PATHFINDER PROGRAMMING (Optional)</b>		
A. Take part in and rate your club unit in four of the following:		
1. Induction		
2. Club meeting		
3. Pathfinder Sabbath		
4. Investiture service		
5. Quarterly scheduling		
6. Club campout	_____	_____
B. Complete requirements 3 and 6 of the Drilling and Marching Honor.**	_____	_____

**Requirement:** Select two of the three sections for the standard class requirements.  
Do Sections I, II, and III for the advanced classes.

\* See Instructor's Manual for qualifying requirements.

\*\* See AY Honors Handbook for requirements.

Requirements	Examiner's Signature	Date Met
<b>I. SPIRITUAL LESSONS (Required)</b>		
A. Review the story of creation, and keep a 7-day outdoor log of your personal observations from nature in which each day focuses on those things that were created on that day.	_____	_____
<b>II. NATURE APPRECIATION (Optional)</b>		
<b>A. Animal Tracking</b>		
Make plaster casts of 3 different animal tracks.	_____	_____
<b>B. Trees, Shrubs and Cacti</b>		
Collect or obtain and identify the leaves of 15 different trees and 7 shrubs, OR photograph and observe at least 5 different types of cacti.	_____	_____
<b>III. NATURE HONOR (Optional)</b>		
A. Complete a nature honor at your skill level, not previously earned.**	_____	_____

**Requirement:** Do Section I for the standard class requirements.  
Do Sections I, II, and III for the advanced classes.

\*\* See AY Honors Handbook for requirements.

Requirements	Examiner's Signature	Date Met
<b>I. OUTDOOR SKILLS (Optional)</b>		
A. Tie and know the practical use of 15 knots.	_____	_____
B. Learn or review the safety rules for camping.*	_____	_____
<b>II. OUTDOOR ACTIVITY (Optional)</b>		
A. Earn Camping Skills #2 Honor.**	_____	_____

**Requirement:** Select I or II for the standard class requirements. Do Sections I and II for the advanced classes.

\* See the *Instructor's Manual*, Outdoor Appendix

\*\* See the *AY Honors Handbook* for requirements.

Requirements	Examiner's Signature	Date Met
<b>I. ARTS &amp; CRAFTS &amp; HOBBIES HOUSEHOLD ARTS</b>		
A. Complete one honor at your skill level, not previously earned, in the area of art, craft, hobby, or household skills.**	_____	_____
<b>II. RECREATIONAL/VOCATIONAL/ OUTDOOR INDUSTRIES</b>		
A. Complete one honor at your skill level, not previously earned, in the area of recreational skills, vocational studies, or outdoor industries.**	_____	_____
B. Earn the Beginners Swimming Honor, if not previously earned.**	_____	_____

**Requirement:** This track is not required for the standard class requirements. Do Sections I and II for the advanced classes.

\*\* See *AY Honors Handbook* for requirements.